Meet our Pastoral Team



Mr Sunter Designated Safeguarding Lead Head of Pastoral Care



Mrs Thorp Deputy Headteacher Deputy Designated Safeguarding Lead



Mrs Perks

Miss Stagg



Our Aim

We want to be able to support all of our students to receive the best possible education and be able to reach their full potential. We understand that not all children's circumstances are the same, meaning engaging in learning can result in difficult challenges and barriers. We as a school community will do all that we can, to support students to overcome their challenges and barriers to ensure they are able to access learning effectively.



Pastoral Support

Solway Community

at





SOLWAY COMMUNITY

If there is someone else in school that you are happier talking to, that is ok



At its simplest, pastoral support is the provision a school makes to ensure the physical and emotional welfare of students. It is the essential foundation upon which learning can take place.

Our Pastoral Support Programme

Here at Solway Community school we are committed to ensuring all children receive the support they need to thrive and this includes their social and emotional development. We facilitate and continue to develop nurture provisions, groups, 1:1 support and parental/carers support. All of our children are unique therefore the support we offer is tailored to suit individual needs.

External agencies we work along side

Sometimes our students need additional support to help improve their emotional wellbeing and mental health. When and if this is needed, we will discuss options with parents and carers and explore referral processes either via self referral, GP referral or through ourselves. We have links with external agencies in order to seek additional services should it be needed.

> Kooth Victim Support Cumbria Trauma-Informed Care Every Life Matters **Owl Blue The Freedom Project** Drawing and Talking (School based) Child Bereavement UK Cumbria Safeguarding Children Partnership Decider Skills(School based) ELSA Support (School based) NADT CAMHS **Cumbria Family Support** Spiral My Time (Barnardo's) LINK (Barnardo's) Beat (eating disorders) West Cumbria Carers **Always Another Way** CADAS **Targeted Youth Support Service** Child centred policing **Family Action** Safety Net

Some of the areas and support we can offer for children and their families/carers:

Bereavement Low self-esteem Conflict resolution Friendship issues Bullying Challenging behaviour Friendships Restorative circles Transition between classes Transition between schools Attendance Social Skills

What are the benefits of these interventions?

Improved motivation Raised self-esteem Increased confidence Reduced challenging behaviour Improved social skills Coping mechanisms/skills Increased positive attitude Establishing & maintaining friendships

Establishing & maintaining friendships Reach full learning potential Understanding of their own feelings